

## What we do...

- Provide families battling cancer, undergoing chemo therapy, or any other terminal illness - with 5 free cleans. We want families to make memories in their time; leave the house cleaning to us!

## Time is Valuable...

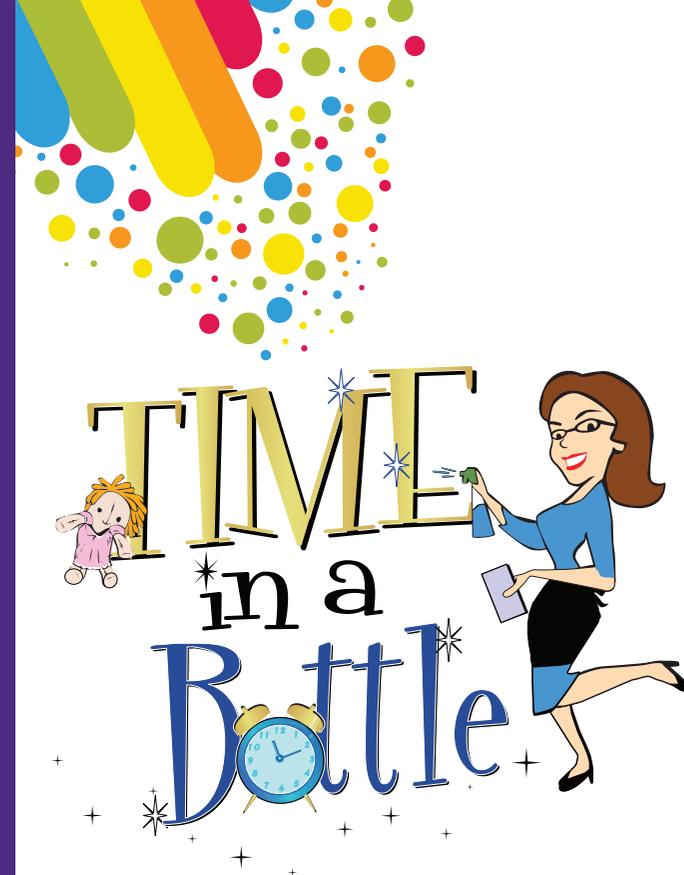
- Here at Time in A Bottle, we clean to make a difference. Our goal is not only to give families a great clean, but more importantly, give them free time.
- Time is valuable gift. For families battling an illness together, the last thing they should worry about is chores. Free time to spend with family and loved ones is, above all, most valuable.

## Our Origins...

- When Owner, Stephanie Nesseth's, son Chris was diagnosed with Cancer at age 11, Stephanie quit her teaching job to be home more. She started cleaning homes to make extra money and Absolutely Clean was born. With that business came the Non Profit Time in a Bottle where Stephanie and her staff have donated over \$100,000 in free cleans.
- Every moment together is valuable and that's why, at Time in a Bottle, we want to help families get that time back.



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## A Non Profit looking to share the gift of time!

We provide precious "time" to families that are dealing with the hope and care of their loved ones becoming survivors of not only cancer, but any other life-threatening illness that requires multiple hours away from home and family.

### Time in a Bottle

A Federally Tax Exempt Public Charity  
319-377-4404 · www.timeinabottle.org





Meet Kristine! That's her standing next to Goofy. We were lucky enough to take Kristine and her son to Disney for a last trip together. She is our 2017 Time in a Bottle Ambassador. I'm sorry to say Kristine is no longer with us.



### A Note From Chris...

My 11 year old mind did not understand the word "malignant". I, of course, asked curiously for a clarification. My poor mom had been working up the courage all day to tell me this news; once had been enough. This time, the tears could not be held back anymore, she choked out, "Chris, you have cancer".

I took this in for a moment. At 11, you don't understand the severity of the word cancer. I just knew she had said the word "doctor" and I could see her tears. I assumed that whatever cancer was, I had it and it wasn't good. I looked up at my brave mother. Still trying her absolute hardest to hold it all in, she was close to overflowing, the emotions ready to boil over.

I asked her if they could fix it. I asked her in a very matter of fact way, very calmly and genuinely curious. She told me, "Well, yes." I don't think she could handle how well I took it. I clearly didn't understand. I clearly didn't see the severity. I clearly didn't hear that sometimes death-sentence-of-a-word. I could see this, that she was not taking it so well. Somehow, my 11 year old mind knew to tell my

mother what I had learned in school that day. I said, "Mom, you know what Mrs. Junion told us in class today? She told us that God doesn't give us anything we can't handle."

The tears came harder. Though this time, beneath her eyes beaten by a phone call and the anticipation and the burden of having to share this news with all of us and worst of all with me, there was a smile. There was laughter. I believe in that moment, she knew I was right. That we aren't given anything we can't handle and there was a few seconds of relief.

Obviously, I survived, as I am writing these words 13 years later and after that moment, it was never as hard as it was then. But I always knew there really is nothing we are given that we can't handle.

Next time you are driving through Cedar Rapids, and head down Northeast "J" Avenue and see Absolutely Clean headquarters, know it has taken many moments of shaping and family roundtables to bring all of this to fruition. And if you ever hear my Mom laugh as she says that her venture is a labor of love, that's no joke.

We not only help children, but families. Below is our 2017 Ambassador Kristine with her son CJ. Even at 4 years old, CJ was always trying to take care of his Mom. It's because of families like these that we do what we do. Providing quality time is the most precious gift we can give. Help us make a difference.



### How Can You Help?

- **Donations!** Your generous donations will help us help parents that are dealing with the hope and care of their children.
- **Fundraisers!** Join in on our fundraiser for Time In a Bottle, Inc.! Our non-profit is hitting the streets and Flocking Yards for donations! Surviving cancer is a full time job and with your help we can give a little back with a clean and healthy home.
- **Volunteer!** Time in a Bottle holds community events where all proceeds go to our cause. Feel free to contact us for volunteer opportunities. Donate your time to help us give time!
- We are always looking for sponsors to help in any way they can. Time in a Bottle gives the gift of Time doing what we do best, cleaning. If you are interested in helping us achieve our goals please contact us today!

**Want to get involved? Contact Us at 319-377-4404**

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